



## *Eastern Competitive Trail Ride Association*

### *October 2016*

With just about a month left in the ECTRA event schedule, we hope that you have had a successful year and have reached whatever goals you set at the beginning of the year. One of the things I love about trail riding is that your goals can be very personal --- reaching a particular mileage goal for yourself or your horse, or moving up from one-day to multi-day rides, or trying an endurance ride for the first time. I remember one rider telling me that his goal was to go to rides he had never done before --- new trails, new challenges, new friends.

#### **RIDE RESULTS**

**We do not have ride results for you this month. President Nick Kohut sent the following statement:** *“Due to changes within their personal lives, long time committee chairs Greg (Points & Mileage) and Brenda (Awards) Senseney have determined that they need to step down from their positions effective immediately.*

*“The ECTRA Board would like to express its deepest gratitude for their endless generosity over their many years of service to the ECTRA membership.”*

It is hoped that we will have replacement chairs soon and will be able to publish the ride results in the next issue. Many thanks to Greg and Brenda for the countless hours spent every month tabulating mileage and ride standings, and the time devoted to locating, purchasing, and distributing all the Year-End Awards.

#### **NOMINATIONS FOR OFFICE**

**Esther Fiddes** is looking for candidates! ECTRA is a volunteer organization, and the 2017 elections will be coming up in February, at the Annual Meeting and Winter Getaway. Being

an officer or Board member demands only a few meetings a year and occasional conference calls. All the officer positions are open, as are three openings on the Board of Directors. If you would like to give back to ECTRA for all the benefits that accrue to you as a member, please get in touch with Esther Fiddes at [estherfiddes@gmail.com](mailto:estherfiddes@gmail.com).

Esther also sent information about an exciting new opportunity to get quality ECTRA items - picture attached:

“I am delighted to inform ECTRA members that, as per your request, the Board of Directors has arranged for the opportunity for you to purchase ECTRA logo merchandise. Advanced Monogram has a large selection of high quality items available for your consideration. All costs, including item and embroidery, are up to the member purchasing the item. For example, a large logo on the back of an item would be \$30, a small one on the front would be \$8, plus the cost of the item. Please take a look at the catalog.(Link below) You are free to order after 9/8. Looking forward to seeing you in your ECTRA items!”

<http://www.advancedmonograms.com/>



*Jacket, back view*



*Jacket, Front view*

## GET YOUR TRAILER READY FOR WINTER

This helpful article was published in the U.S.Rider newsletter, written by Laurie Cerny, of Horse Cent\$ Magazine and GOOD HORSEKEEPING.COM: She said “Many people have the misconception that with aluminum horse trailers there is no maintenance. This couldn’t be farther than the truth.”

1. Clean out your trailer. This means stripping out all the bedding from the horse stalls, pulling up the mats and washing the floor. You also want to remove any hay and feed and clean out cracks and crevices where grain and hay may have fallen. Remove food items and other perishables, like fly sprays and grooming products from your living quarters and tack room. Tack and show clothing should be removed and stored indoors for the winter.
2. Stop any leaks. Leaks can affect the life of a horse trailer - more so with a steel trailer, as water + metal =rust. But aluminum trailers will corrode where water leaks in and is allowed to pool for long periods of time.
3. Address rust: Rust should be removed by sanding the area or wire brushing. It then needs to be cleaned and painted with a rust-inhibitor paint. On steel trailers you want to pay particular attention to the frame - including where the sidewall meets the floor. Aluminum trailers also have steel parts - including the axles and the framework on the tongue (on a bumper pull), and the undercarriage on a gooseneck trailer.
4. Protect tires: tires will go bad just sitting and being exposed to the sun. If nothing else, at least put a coat of rubber protectant on your tires. Even better is to cover your tires. Dealers will recommend moving your trailer at least once a month, or putting it up on blocks, to help prevent tires from flattening on the ground side.
5. Store trailer properly. Unless you are storing your trailer in a structure without animals, and that has a cement floor, it will rust and corrode faster in your barn than if you leave it outside. Trailers can be stored outside with the use of a trailer cover or tarp. Living quar-

ters should also be winterized if the trailer is not being used over the winter. Make sure you are not parking your trailer under trees, as ice storms and other winter weather can cause limbs to break off and damage your trailer.

## WHEN THUNDER ROLLS

by Reid Folsom

Obviously it would have been better to publish this article earlier in the year, but I just came across it when going through some old issues; this was published in the April 2001 issue -- 15 years ago! But for those of you who head south during the winter, it may be helpful.

“Every rider dreads the sound of thunder when riding. Storms can bring dangerous lightning, hail, and flash floods. Most often there is little or no warning., except for the weatherman’s “Chance of afternoon storms.”

There are many things you can do to lessen the risk to yourselves and the horses when caught out in a storm. The first is to be aware of the building storm and take cover. If you are within 10 miles of the storm, you are at risk from lightning strikes, which can reach that far out from the storm’s center.

If you are caught out in the open and there is lightning, get off the high points quickly, but do not go into stream beds and low-lying areas. The lower one-third of sloping land or hills is best. Get off the horse. Tie the horse to a bush, not a tree, and move at least 50 feet away. Do not lie down, but squat, balancing on the balls of your feet. Curl into a ball and clasp your hands around your knees. After the storm has passed for 15 minutes, you can ride again.

If high winds are a part of the storm, get off the high points and away from timber. Again, the lower 1/3 of sloping lands or hills are the safest. Get behind rocks or boulders, but not trees. Get inside a sturdy building, if possible.

“If hail is a danger, get off high points and seek overhead shelter. If there is no shelter, dismount and hold your horse. Worm your way into tall bushes and pull the horse with you, but do not get under trees. Leave the saddle on, and if something else is available, protect the horse’s head. If nothing else, encourage your horse to lower his head to the ground. Keep your hat on and turn your back to the storm, just as horses do. (Continued next page) **Page 2**

**When Thunder Rolls, Continued:** “If there is heavy rain, rising water may be risk, even if the storm is distant. Again, the lower 1/3 to 1/2 of hills and slopes are the safest. Do not get into streams, dry waterways, ditches, or low ground. Stop, dismount, and wait out the storm. Many accidents happen when people keep moving when it is wet and visibility is low.

If you are at an event when a storm comes up, and you cannot get into a building, put your horse in the trailer and put the ramp up. Be sure the safety chains are NOT touching the ground. Get in the tow vehicle. The important thing is to be sure no part of the tow vehicle or trailer (except the rubber tires) is close to or touching the ground, including chairs, lead ropes, and buckets.” Reid Folsom is a security consultant specializing in farms and ranches.

## **2016 ECTRA Sanctioned Events** (as 9/14/16)

**Wanda Stazick, Sanctioning Phone (860)447-3976 [wstazick@sbcglobal.net](mailto:wstazick@sbcglobal.net) (PF = Pass/Fail Offered)**

### **Limited Distance CTR: (1-day, 25-40mi)**

PA	10/8	30	Seven Mountains PF	Jess Herrmann 814-404-1123	<a href="mailto:comtemplatedrisk@gmail.com">comtemplatedrisk@gmail.com</a>
NJ	10/22	25	Jersey Devil PF	Sandy Howland 908-303-7955	<a href="mailto:sandy.howls@gmail.com">sandy.howls@gmail.com</a>
NJ	10/23	25	Jersey Devil PF	Sandy Howland 908-303-7955	<a href="mailto:sandy.howls@gmail.com">sandy.howls@gmail.com</a>
VT	11/5	30	VERDA Kedron Foliage	Jenny Kimberly 802-674-5384	<a href="mailto:jennykimberly@comcast.net">jennykimberly@comcast.net</a>
<b>2017</b>					
VT	1/14	25	VERDA January Thaw	Jenny Kimberly 802-674-5384	<a href="mailto:jennykimberly@comcast.net">jennykimberly@comcast.net</a>

### **Middle Distance CTR: (2 days, 40-60mi)**

NJ	10/22&23	50	Jersey Devil PF	Sandy Howland 908-303-7955	<a href="mailto:sandy.howls@gmail.com">sandy.howls@gmail.com</a>
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### **Extended Distance CTR: (3-days, 80-100mi)**

#### **Drives CTR: (1-3 days, 25-100mi)**

NJ	10/22	25	Jersey Devil PF	Sandy Howland 908-303-7955	<a href="mailto:sandy.howls@gmail.com">sandy.howls@gmail.com</a>
NJ	10/23	25	Jersey Devil PF	Sandy Howland 908-303-7955	<a href="mailto:sandy.howls@gmail.com">sandy.howls@gmail.com</a>
NJ	10/22&23	50	Jersey Devil PF	Sandy Howland 908-303-7955	<a href="mailto:sandy.howls@gmail.com">sandy.howls@gmail.com</a>
VT	11/5	30	VERDA Kedron Foliage	Jenny Kimberly 802-674-5384	<a href="mailto:jennykimberly@comcast.net">jennykimberly@comcast.net</a>
<b>2017</b>					
VT	1/14	25	VERDA January Thaw	Jenny Kimberly 802-674-5384	<a href="mailto:jennykimberly@comcast.net">jennykimberly@comcast.net</a>

### **Conditioning Distance Rides & Drives** ( R&D means for both Ride & Drives)

PA	10/8	13	Seven Mountains	Jess Herrmann 814-404-1123	<a href="mailto:comtemplatedrisk@gmail.com">comtemplatedrisk@gmail.com</a>
NJ	10/22	10	Jersey Devil PF	Sandy Howland 908-303-7955	<a href="mailto:sandy.howls@gmail.com">sandy.howls@gmail.com</a>
NJ	10/22	15	Jersey Devil PF	Sandy Howland 908-303-7955	<a href="mailto:sandy.howls@gmail.com">sandy.howls@gmail.com</a>
NJ	10/23	10	Jersey Devil PF	Sandy Howland 908-303-7955	<a href="mailto:sandy.howls@gmail.com">sandy.howls@gmail.com</a>
NJ	10/23	15	Jersey Devil PF	Sandy Howland 908-303-7955	<a href="mailto:sandy.howls@gmail.com">sandy.howls@gmail.com</a>
VT	11/5	15	VERDA Kedron Foliage R&D	Jenny Kimberly 802-674-5384	<a href="mailto:jennykimberly@comcast.net">jennykimberly@comcast.net</a>
<b>2017</b>					
VT	1/14	15	VERDA January Thaw	Jenny Kimberly 802-674-5384	<a href="mailto:jennykimberly@comcast.net">jennykimberly@comcast.net</a>

### **Endurance: (1-3 days, 50-100mi – co-sanctioned by AERC)**

T	10/15	50	GMHA Fall	Amber Braun 802-457-1509	<a href="mailto:amber@gmhainc.org">amber@gmhainc.org</a>
VA	10/28	50	Fort Valley I	Claire Godwin, DVM 240-687-140	<a href="mailto:crgdvm@aol.com">crgdvm@aol.com</a>
VA	10/29	50	Fort Valley II	Claire Godwin, DVM 240-687-140	<a href="mailto:crgdvm@aol.com">crgdvm@aol.com</a>

### **Limited Distance Endurance: (co-sanctioned by AERC)**

VT	10/15	30	GMHA Fall	Amber Braun 802-457-1509	<a href="mailto:amber@gmhainc.org">amber@gmhainc.org</a>
VA	10/28	30	Fort Valley I	Claire Godwin, DVM 240-687-140	<a href="mailto:crgdvm@aol.com">crgdvm@aol.com</a>
VA	10/29	30	Fort Valley II	Claire Godwin, DVM 240-687-140	<a href="mailto:crgdvm@aol.com">crgdvm@aol.com</a>

## ECTRA RIDER/DRIVER MENTORING PROGRAM

ECTRA's voluntary mentoring program's mission is to support and encourage a rider or driver to try competitive trail riding and to help them feel welcomed by the other riders/drivers and the organization. It is to give a rider/driver the necessary background to complete a competitive trail ride/drive with adequate preparation, knowledge of what the sport involves, and the insight and potential to enjoy the rider's horse, the trail, and the experience. It is to educate the rider/driver of how to care for their horse, and to take the responsibility of riding with a new rider/driver and helping them to negotiate the trail safely, appreciating the stresses to their horse and themselves and how to deal with it. Further suggestions could be given as to camping with your horse, presenting it for judging, and the care of the horse after the ride/drive is over. The mentor's goal is to help a rider/driver complete a competitive trail ride/drive with good horsemanship, sportsmanship, and enjoyment of the sport.\*

Qualifications for being a mentor are as follows:

- Must be a member of ECTRA
- Must have completed ECTRA events of at least 25 miles in length totaling at least 500 miles
- Passing the ECTRA Judges test  
[The ECTRA Judges test can be requested from Terry Buckley at [theresatah@sbcglobal.net](mailto:theresatah@sbcglobal.net) or (203)457-0529.]
- Recorded/scribed at an ECTRA ride/drive of at least 25 miles in length.
- Upon acceptance, the mentor's name & contact info will be added to the Mentor's List on the ECTRA website.

Questions regarding this program can be forwarded to Louise Lester at [louise1@maine.rr.com](mailto:louise1@maine.rr.com) or 207-655-4224 or 207-894-8185. Applications are on the ECTRA website or requested from Louise Lester and are to be sent to Louise Lester, PO Box 346, Raymond, Maine 04071 or by email.

\*ECTRA does not represent endorsement or certification of the capabilities of the mentors.

# EASTERN COMPETITIVE TRAIL RIDE ASSOCIATION MENTOR APPLICATION

ECTRA does not represent, endorse, or certify the capabilities of mentors, other than verification of criteria listed below.

Name: \_\_\_\_\_

Mailing address: \_\_\_\_\_  
\_\_\_\_\_

Home phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

Email: \_\_\_\_\_

ECTRA member number: \_\_\_\_\_

Please attach or write on this sheet. Feel free to use the backside of this sheet.

Qualifications for being a mentor are as follows:

- Must be a member of ECTRA
- Must have completed ECTRA events of at least 25 miles in length totaling at least 500 miles
- Passing the ECTRA Judges test  
[The ECTRA Judges test can be requested from Terry Buckley at [theresatah@sbcglobal.net](mailto:theresatah@sbcglobal.net) or (203)457-0529.]
- Recorded/scribed at an ECTRA ride/drive of over 25 miles in length.
- Upon acceptance, the mentor's name & contact info will be added to the Mentor's List on the ECTRA website.



**ECTRA Newsletter**  
**Judy Lorimer, Editor**  
**83 Groton St.**  
**Pepperell, MA 01463**  
[Jmlorimer@juno.com](mailto:Jmlorimer@juno.com)



**OCTOBER 2016**

***Deadline for the NOV issue is OCT. 20th***

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**CLASSIFIED ADS**

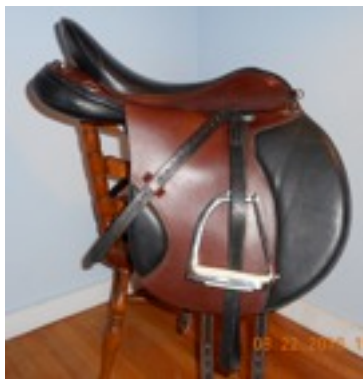
**Ad Rates: \$5.00 for 6 lines- approximately 40-45 words , \$2.50 for each three additional lines. Business card size ad \$10.00. Make checks payable to ECTRA, send check and ad copy to ECTRA newsletter, 83 Groton St, Pepperell, MA 01463.**

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**THE OWL AND THE ROSE DISTANCE TACK:**

Selling the new L&R Solstice Mono Flap, L&R Rubicon and the new Albion K2 Trail Saddle. Also selling Skito pads at great prices. Demos available. Personalized fitting consultations. [Nancybokun@gmail.com](mailto:Nancybokun@gmail.com); Nancy Okun-Barci at 518-222-6316; [www.equestrianimports.com](http://www.equestrianimports.com).

**Duett Companion Trail Saddle 18"**  
VGC. Removable/movable knee and calf blocks. Wide panels, quilted soft seat. \$725. Girth, leathers and stirrups included.  
Contact Jill:  
518-810-6191



[jakippbriggs@hotmail.com](mailto:jakippbriggs@hotmail.com)



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**Langdon, NH**

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Enjoy our beautiful New Hampshire Farm with your horse & camper.  
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For reservations and details:  
Joan Stratemeyer 603-835-2423

[joans@myfairpoint.net](mailto:joans@myfairpoint.net)

[www.langwoodfarms.com](http://www.langwoodfarms.com)