



Eastern Competitive Trail Ride Association

July 2017

Wow — Half the year is gone already! We still have about 4 1/2 months of great riding left, though - take advantage of it!

We do not have ride results for you in this issue; Beth Sheldon has been dealing with the restrictions caused by her husband's illness and has not had time to put all the information together. We'll be able to play catch-up next month.

LETTERS TO THE EDITOR

Mary Coleman sent a nice writeup about the rides on June 24-25th in Brookfield, NY: "Brookfield is not a 3 day 100 any more; as we have aged out we are all doing shorter distances. Weird to see more in the CDR than the CTRS! (**Correction: 2/3 were on CTR's, 1/3 on CDR. Bill Lasher**) Anyhow it was a well run ride with lots of good food, volunteers and laughter! Yes the trails were muddy — have we ever done totally dry in Brookfield? Dan gave us a bit of extra time and no one had time faults. One very well run event! Mark your calendar for next year and get your entry in early!"Mary

From Louise Lester — "Lost and Found at the Maine rides: I found: 1 mug "To Teach is to touch a life forever"; 1 XXL blue vinyl raincoat; and 1 Big Foot muck fork with a red handle. Please call 207-894-8185 or email louise1@maine.rr.com to claim."

From Char Jewell — Hi All, I am ramping up in organizing the 2018 Winter Getaway in Harrisburg-Hershey PA, Feb 23 - 25. We have committed to another "big name" speaker. Who is on your wish list for a speaker? What topics do you want covered? If you have any ideas or suggestions, please email me at

ban_zus@yahoo.com or call 207-210-0541, thank you. —Char

UPCOMING RIDES AND EVENTS

ECTRA Judges and Riders Clinic in September

There will be an ECTRA Judges and Riders Clinic on Sunday, September 17th at the North Waterford Fairgrounds from 10:00 am to about 4:00 pm. This clinic will discuss all aspects of riding and judging an ECTRA Competitive Trail Ride. There will also be a mock trail ride of 5 miles for those who would like to experience what they would have to do on an actual ECTRA ride including taking their horse's pulse and respiration, rating their horse on trail and going through the judging procedure.

The Judging will discuss how to judge a ride using the ECTRA rules, and have a round table session for both riders and judges to ask questions. This clinic will count for Judges' ECTRA certification. For more information: Louise Lester, PO Box 346, Raymond, Me 04071 or louise1@maine.rr.com or 207-894-8185

RIDE SAFELY

by Louise Lester

Depending on the area that ride management has chosen for judging and the 20 minute hold, this can be one of the most dangerous times of a ride. Without enough space to gather a herd of strange horses, accidents can happen. In ECTRA competitions ride management doesn't always have the perfect place where there is enough room for 20 or so horses to congregate for the safety check/judging. Ride management expects that as the horses are allowed out on trail, usually 2 horses every 2 minutes, the riders will not bunch up on trail and ride in big

groups. Keeping the spacing on trail will allow a steady line of horses to enter the hold, giving them enough time to complete their judging and get back out on trail. However, this is not reality at most rides. Therefore it's necessary that a rider handle his/her horse in a manner that will keep themselves and others safe.

First, try to space yourself by not riding in a big group; second, plan your ride so that you will get to the hold in about half the total ride time. Most rides try to have the hold about halfway through the mileage. Rate your horse so that you can plan on a steady pace instead of hurrying through the first half of the ride and then having to walk in the last few miles.

If you know your horse has a problem with crowding into other strange horses, keep a distance from the other horses and ask ride management to help you by getting you whatever you need i.e. your gear bag or a bucket of water.

Be very verbal to get attention from the pulse/respiration takers so that you can proceed to the vet judge for your trot out. Then return to your spot to finish cooling out your horse until you can leave. Your first line of defense is to keep aware of what's going on around you.

Don't expect that another rider/horse will move just to allow you more room. When I was competing my stallion the hold felt like it took forever because I had to watch everything that was going on and try to keep him from becoming a pest. Incidentally, if you ask someone to hold your horse while you take care of yourself, be sure that person has the ability to control the horse and the situation. This reminds me of those days when the only people I'd allow to hold Nickolas was my daughter Char and "Saint" Al Buck. I knew both of them understood stallions and wouldn't allow him to get into trouble. Keeping your horse quiet and unbothered during the hold will make it easier to complete the hold with a low pulse/respiration and good trot out. My safety suggestion: Practice handling your horse during conditioning as if you were going into a hold. It's helpful if you have a few friends along so that they can come into and leave the area while you're standing there in order to teach your horse what to expect at a ride. Twenty minutes can seem like hours at times and at other times seconds.

Editor's note: If your horse MIGHT kick in a crowd, it's better to have a red ribbon in his tail and not need it, than to need it and not have it!

2017 ECTRA Sanctioned Events (as of 04/20/17)

Wanda Stazick, Sanctioning, Phone (860)447-3976, wstazick@sbcglobal.net

State/Date/Mileage/Ride Name/Contact Info (PF = Pass/Fail Offered)

Latest Updates are highlighted in **YELLOW!**

Limited Distance CTR: (1 day, 25 - 40mi)

State	Date	Dis	Name	Contact
PA	7/29	25.	Muckleratz Run CTR	Lindsey Cooke 717-599-9922 lacy393@gmail.com
PA	7/30	25	Muckleratz Run CTR	Lindsey Cooke 717-599-9922 lacy393@gmail.com
VT	8/5	25	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	8/6	25	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	9/1	40	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	9/2	35	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	9/3	25.	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
MD	9/23	30	Chesapeake Fall PF	Cate Peloquin 410-652-3454 cpenguin57@aol.com
VT	9/30	30	Warren Tessier Memorial	Connie Walker 603-491-4258 cwalker310@comcast.net
PA	10/14	30	Seven Mountain 30	Jess Herrmann 814-404-1123 contemplatedrisk@gmail.com
NJ	10/28	25.	Jersey Devil PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ	10/29	25.	Jersey Devil PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com P. 2

Middle Distance CTR: (2 days, 40 – 75mi)

PA.	7/29 –30	50	Muckleratz Run CTR	Lindsey Cooke 717-599-9922 lacy393@gmail.com
VT	8/5-6	50	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	9/1-2	75	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT.	9/2-3	60	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
MD.	9/23-24	50	Chesapeake Fall PF	Cate Peloquin 410-652-3454 cpenguin57@aol.com
NJ.	10/28-29	50	Jersey Devil PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com

Extended Distance CTR: (3 days, 80 – 100mi)

VT	9/1-3	100	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
MD	9/22 – 24	80	Chesapeake Fall PF	Cate Peloquin 410-652-3454 cpenguin57@aol.com
MD.	9/22-24	100	Chesapeake Fall PF	Cate Peloquin 410-652-3454 cpenguin57@aol.com

Drives CTR: (1 – 3 days, 25 - 100mi)

VT	8/5	25	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	8/6	25	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT.	8/5 -6	50	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
NJ	10/28	25	Jersey Devil PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ.	10/29	25	Jersey Devil PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ.	10/28 – 10/29	50	Jersey Devil PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com

CTR Clinic

ME 9/17 5 ECTRA Judges/Riders Clinic Louise Lester, 207-894-8185 louise1@maine.rr.com

Conditioning Distance Rides & Drives (R&D) means both Ride & Drives

PA	7/29	12.5	Muckleratz Run CTR	Lindsey Cooke 717-599-9922 lacy393@gmail.com
PA	7/30	12.5	Muckleratz Run CTR	Lindsey Cooke 717-599-9922 lacy393@gmail.com
VT	9/2	15	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
MD	9/23	15	Chesapeake Fall PF	Cate Peloquin, 410-652-3454 cpenguin57@aol.com
VT	9/30.	15	Warren Tessier Memorial	Connie Walker 603-491-4258 cwalker310@comcast.net
PA	10/14	17	Seven Mountain 30	Jess Herrmann 814-404-1123 contemplatedrisk@gmail.com
NJ	10/28	10	Jersey Devil PF (R&D)	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ	10/28	15	Jersey Devil PF (R&D)	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ	10/29	10	Jersey Devil PF (R&D)	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ	10/29	15	Jersey Devil PF (R&D)	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com

Endurance (1-3 days, 50 – 100mi) – co-sanctioned by AERC

PA.	7/2	50	Muckleratz Run	Lindsey Cooke 717-599-9922 lacy393@gmail.com
VT.	7/15	50	Moonlight in VT	Jo Steele 603-208-7005, josteel@mac.com
VT.	7/1	75	Moonlight in VT	Jo Steele 603-208-7005, josteel@mac.com
VT.	7/15.	100.	Moonlight in VT	Jo Steele 603-208-7005, josteel@mac.com
ME	8/1	50.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME.	8/2.	50.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME	8/3	50	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME.	8/4	55.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME.	8/5	50.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
M.E	8/26	50	Northeast Challenge	Blaine Jack 603-942-8171 B.D.Jack@hotmail.com
ME.	8/26	100.	Northeast Challenge	Blaine Jack 603-942-8171 B.D.Jack@hotmail.com
NY.	9/9	55.	Hector Half Hundred	Eva Norris 607-693-1725, EVA8391@aol.com
NJ	10/7	75.	Mustang Memorial	Eileen Mullen 856-701-6742 eileenjmullen@gmail.com
NJ.	10/7	50	Mustang Memorial	Eileen Mullen 856-701-6742 eileenjmullen@gmail.com
VT.	10/14.	50.	GMHA Fall	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VA.	10/20	50.	Fort Valley I	Claire Godwin, DVM 240-687-1450 crgdvm@aol.com
VA.	10/21	50.	Fort Valley II	Claire Godwin, DVM 240-687-1450 crgdvm@aol.com
MA	10/29.	50	Plymouth Rock N'End.	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com . P. 3

Endurance Intro Ride (1 day, less than 25 miles) – co-sanctioned by AERC

NY 9/9 15 Hector Half Hundred Eva Norris 607-693-1725, EVA8391@aol.com

Limited Distance Endurance (1 day, 25 – 35mi) – co-sanctioned by AERC

A.	7/2	25.	Muckleratz Run	Lindsey Cooke 717-599-9922 lacy393@gmail.com
ME	8/1	25.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME.	8/2	25	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME	8/3	30.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME	8/4	25.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME	8/5	25.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME.	8/26	30.	Northeast Challenge	Blaine Jack 603-942-8171 B.D.Jack@hotmail.com
NY.	9/9	35.	Hector Half Hundred.	Eva Norris 607-693-1725, EVA8391@aol.com
NJ.	10/7	30.	Mustang Memorial.	Eileen Mullen 856-701-6742 eileenjmullen@gmail.com
VT.	10/14	30.	GMHA Fall	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VA.	10/20	30.	Fort Valley I	Claire Godwin, DVM 240-687-1450 crgdvm@aol.com
VA	10/21	30.	Fort Valley II	Claire Godwin, DVM 240-687-1450 crgdvm@aol.com
MA	10/29.	30.	Plymouth Rock N'End.	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com

RIDE SAFELY—CLOTHING & APPAREL

By Louise Lester

We all have our favorite clothes to wear while riding. However, those who are new to the sport may not be aware of some of the hazards some items of clothing can become. It took me a few competitive rides to formulate my own fashion which I might say isn't particularly attractive to an older matronly rider like myself. I think that the only real fashion statement we can make is possibly colors. Certainly the type of clothing is a very personal choice.

The first item which should be used at all times on a horse and sometimes while handling a horse is the helmet. ECTRA requires every rider to wear a fastened helmet while riding. If your horse has some problems with trailer loading, being in close company with strange horses, getting a required blood test drawn, or other disturbing scenario you should have your helmet on. I've seen a rider pushed to the ground by his/her horse and dragged because the rider wouldn't let go of the leadrope. I've seen an impossible horse resist having a blood test needle put in his neck, and I've seen horses rear and kick during their trot outs.

Loose fitting clothes can be a potential hazard as they can catch on branches while riding but they can also spook your or someone else's horses, especially rain coats. Loose hanging scarfs or other items around the neck should be well fastened so that they don't fly around and get caught on something. Pants should also be quite tight so that they don't chafe the body especially your legs. Note that this phenomenon gets worse when you're wet.

Your footwear can also be a source of discomfort especially if you have to walk your horse to a farrier who is a couple of miles away. Sneakers and other types of shoes which don't have a heel can be worn, but it's advisable to have stirrups which have cages over the front of the stirrup. This will prevent your foot from sliding all the way through the stirrup and getting your foot stuck. Wearing some type of chaps or half-chaps is advisable especially if you're wearing riding tights or other thin fabric pants which won't protect your leg. Here be careful that the top of the half-chap doesn't interfere with the bend in your knee which will rub as you ride.

My safety suggestion: Whatever you decide to dress in while riding, wear it all during your conditioning program so that you know what works for you and what doesn't. An important caution is **don't change anything for you or your horse at the ride**. Be sure that you and your horse are used to everything you're using so that neither of you get a surprise!

ECTRA NEWSLETTER
83 GROTON ST.
PEPPERELL, MA 01463
JMLORIMER@JUNO.COM

JULY 2017

Deadline for the August issue is July 20th

FOR SALE: 11 YEAR OLD REG. MORGAN GELDING: 14.3, liver chestnut. In training for trail riding; been a pasture pet until now. Suitable for CTR, endurance or dressage. \$3,000. 215-536-5353 or kay.pamhc@yahoo.com

A VERY SWEET POLISH ARABIAN GELDING, raised with lots of hands-on contact at birth and as he developed. I decided to buy him when he put his head on my shoulder. He is unusually large at 16-1 and handsome with a beautiful strawberry roan coat. I have used him primarily for trail riding and schooling. He is smart, agreeable and loves to please. He is a very easy keeper, with no vices, and has always been barefoot. He stands for vet, farrier, bathing, and trailers. He is the 'go to' horse when we have visitors who want to go for a ride. My grandchildren are comfortable on him. Good potential for distance riding. At 77 this owner has "aged out", and at 16 Phoenix is too good not to pass on. This special horse is located in Howard County, Maryland. Peter Scheidt, 301-854-2439, psscheidt@verizon.net.



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