



Eastern Competitive Trail Ride Association *May 2017*

It's a good thing I'm not trying to get a horse ready for competition - too many cold drizzly days recently. The older I get, the less I like riding in the rain!

TRUCK/TRAILER SAFETY

Years ago I wasn't as informed about truck and trailer maintenance as I am now, mostly from personal experience. I now have my truck and trailer inspected by professionals before the ride season begins because I'm a dummy about mechanics and because I'm afraid to trust myself to know the difference between dependable and not dependable.

I remember a ride I went to in New Hampshire hauling my gelding and my daughter as groom. I got to the ride uneventfully, rode the ride, and then proceeded to return home. Leaving the ride grounds I had a flat tire on the trailer. Thankfully I was within sight of the grounds, and I was helped by one of the rider's husbands who changed my tire for the one hanging on the side of the trailer. We then proceeded home. On a turnpike I blew the spare on the trailer which had just been replaced for me. We're sitting beside the highway with cars blasting by. Here again I was helped by a rider's husband who gave me the spare off their trailer and installed it on my trailer.

You just can't find people as giving and helpful anywhere. But we competitive trail riders and families, and friends are so special. Whether we're on the road or on trail the companionship and care we extend each other is exceptional.

My safety suggestion: Maintain your vehicle and trailer always.—Louise Lester

Editor's note: Before you head off to your first ride, it's not a bad idea to take your trailer in for an annual checkup, especially for things like wheel bearings, wiring, and tires. Pull back the mats and check the flooring, too. A couple of years ago I started getting a U.S. Rider Equestrian Motor Plan. It's like AAA for horse trailers. AAA won't help you if a trailer is involved, but U.S. Rider will tow your truck and/or trailer, arrange for nearby stabling for your horse and lodging for you if needed, take the vehicles to a repair shop if they can't fix the problem on the road, etc. I've never had to use it, but friends of mine have needed it and gave the service high praise. The cost is reasonable. Check them out on line.

MOSTLY ON MORGANS !

Mary Coleman wrote "On Saturday, April 4th, at 4:40 P.M., I finished the 50-mile Endurance Ride at Fair Hill, and in doing so I became just the 6th ECTRA rider to earn 15,000 miles! There was lots of cheering and of course a cake with a Boiled Owl on it. I feel certain there will be much more celebration next February at the banquet! Many thanks for all the great support and friends I have made along the way. But the most thanks go to the ride managers who keep this sport going!"

(Photo of Mary and her cake on page 5)

CONFUSED ABOUT THE DIFFERENCES BETWEEN PASS/FAIL AND CDR'S / CDD'S?

The ECTRA Board gives you the lowdown on page 4, after the event listings.

RIDE RESULTS (Jan. Thaw) also on p 4

2017 ECTRA Sanctioned Events (as of 04/20/17)

Wanda Stazick, Sanctioning, Phone (860)447-3976, wstazick@sbcglobal.net

State/Date/Mileage/Ride Name/Contact Info (PF = Pass/Fail Offered)

Latest Updates are highlighted in **YELLOW!**

Limited Distance CTR: (1 day, 25 - 40mi)

<u>State</u>	<u>Date</u>	<u>Dis</u>	<u>Name</u>	<u>Contact</u>
NJ	5/12	40	NJ 100 + PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ	5/13	35	NJ100 + PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NH	5/13	25.	VERDA Brown Bag PF	Wendy Bejarano 802-484-3406 dbwb@myfairpoint.net
NJ	5/14	25.	NJ 100 + PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
ME	5/27	30	Maine PF	Louise Lester, 207-655-4224 louise1@maine.rr.com
ME	5/28	30	Maine PF	Louise Lester, 207-655-4224 louise1@maine.rr.com
VT	6/10	25.	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
PA	6/17	25	Rock & Roll Ride	Gloria Fawcett, 724-868-2764 glofaw@gmail.com
NY	6/24	30	Brookfield 30/50 PF	Joanna Lasher 518-882-1515 JoLasher65@gmail.com
PA	7/29	25.	Muckleratz Run CTR	Lindsey Cooke 717-599-9922 lacy393@gmail.com
PA	7/30	25	Muckleratz Run CTR	Lindsey Cooke 717-599-9922 lacy393@gmail.com
VT	8/5	25	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	8/6	25	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	9/1	40	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	9/2	35	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	9/3	25.	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
MD	9/23	30	Chesapeake Fall PF	Cate Peloquin 410-652-3454 cpenguin57@aol.com
VT	9/30	30	Warren Tessier Memorial	Connie Walker 603-491-4258 cwalker310@comcast.net
PA	10/14	30	Seven Mountain 30	Jess Herrmann 814-404-1123 contemplatedrisk@gmail.com
NJ	10/28	25.	Jersey Devil PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ	10/29	25.	Jersey Devil PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com

Middle Distance CTR: (2 days, 40 – 75mi)

NJ	5/13 -14	60	NJ 100 + PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
ME	5/27 -28	60	Maine PF	Louise Lester, 207-655-4224 louise1@maine.rr.com
NY	6/24- 25	50	Brookfield 30/50 PF	Joanna Lasher 518-882-1515 JoLasher65@gmail.com
PA.	7/29 –30	50	Muckleratz Run CTR	Lindsey Cooke 717-599-9922 lacy393@gmail.com
VT	8/5-6	50	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	9/1-2	75	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT.	9/2-3	60	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
MD.	9/23-24	50	Chesapeake Fall PF	Cate Peloquin 410-652-3454 cpenguin57@aol.com
NJ.	10/28-29	50	Jersey Devil PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com

Extended Distance CTR: (3 days, 80 – 100mi)

NJ	5/12-14	100	NJ 100 + PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
ME	5/27-29	80	Maine PF	Louise Lester, 207-655-4224 louise1@maine.rr.com
VT	9/1-3	100	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
MD	9/22 – 24	80	Chesapeake Fall PF	Cate Peloquin 410-652-3454 cpenguin57@aol.com
MD.	9/22-24	100	Chesapeake Fall PF	Cate Peloquin 410-652-3454 cpenguin57@aol.com

Drives CTR: (1 – 3 days, 25 - 100mi)

NJ	5/12	40	NJ 100 + PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ.	5/13	35	NJ100 + PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ.	5/14	25	NJ 100 + PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ	5/13-14	60	NJ 100 + PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
NJ	5/12-14	100	NJ 100 + PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com
VT	8/5	25	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT	8/6	25	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VT.	8/5 -6	50	GMHA PF	Chelle Grald, 802-457-1509 michelle@gmhainc.org
NJ	10/28	25	Jersey Devil PF	Rebecca Wachtel 215-766-0696 rebeccawachtel370@gmail.com

Drives CTR: Continued

NJ.	10/29	25	Jersey Devil PF	Rebecca Wachtel 215-766-0696	rebeccawachtel370@gmail.com
NJ.	10/28 – 10/29	50	Jersey Devil PF	Rebecca Wachtel 215-766-0696	rebeccawachtel370@gmail.com

Conditioning Distance Rides & Drives (R&D) means both Ride & Drives

NJ	5/12	10	NJ 100 + PF	Rebecca Wachtel 215-766-0696	rebeccawachtel370@gmail.com
NH	5/13	15	VERDA Brown Bag PF	Wendy Bejarano 802-484-3406	dbwb@myfairpoint.net
NJ	5/13	10	NJ100 + PF	Rebecca Wachtel 215-766-0696	rebeccawachtel370@gmail.com
NJ	5/14	10	NJ 100 + PF	Rebecca Wachtel 215-766-0696	rebeccawachtel370@gmail.com
ME.	5/29	10	Maine PF	Louise Lester, 207-655-4224	louise1@maine.rr.com
VT	6/10	15	GMHA PF	Chelle Grald, 802-457-1509	michelle@gmhainc.org
NY	6/24	15	Brookfield 30/50 PF	Joanna Lasher 518-882-1515	JoLasher65@gmail.com
PA	7/29	12.5	Muckleratz Run CTR	Lindsey Cooke 717-599-9922	lacy393@gmail.com
PA	7/30	12.5	Muckleratz Run CTR	Lindsey Cooke 717-599-9922	lacy393@gmail.com
VT	9/2	15	GMHA PF	Chelle Grald, 802-457-1509	michelle@gmhainc.org
MD	9/23	15	Chesapeake Fall PF	Cate Peloquin, 410-652-3454	cpenguin57@aol.com
VT	9/30	15	Warren Tessier Memorial	Connie Walker 603-491-4258	cwalker310@comcast.net
PA	10/14	17	Seven Mountain 30	Jess Herrmann 814-404-1123	contemplatedrisk@gmail.com
NJ	10/28	10	Jersey Devil PF (R&D)	Rebecca Wachtel 215-766-0696	rebeccawachtel370@gmail.com
NJ	10/28	15	Jersey Devil PF (R&D)	Rebecca Wachtel 215-766-0696	rebeccawachtel370@gmail.com
NJ	10/29	10	Jersey Devil PF (R&D)	Rebecca Wachtel 215-766-0696	rebeccawachtel370@gmail.com
NJ	10/29	15	Jersey Devil PF (R&D)	Rebecca Wachtel 215-766-0696	rebeccawachtel370@gmail.com

CTR Clinic

NY	5/6	5	Brookfield CTR Clinic	Joanna Lasher 518-882-1515	JoLasher65@gmail.com
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Endurance (1-3 days, 50 – 100mi) – co-sanctioned by AERC

NC	5/5	50.	Biltmore Challenge	Cheryl Newman 828-665-1531	cherylnewman@charter.net
NC	5/6	55.	Biltmore Challenge	Cheryl Newman 828-665-1531	cherylnewman@charter.net
NC	5/6	75	Biltmore Challenge	Cheryl Newman 828-665-1531	cherylnewman@charter.net
NC	5/6	100	Biltmore Challenge	Cheryl Newman 828-665-1531	cherylnewman@charter.net
NH	5/14	50	VERDA Bare Bones	Ruth Ferland 603-443-3070	ruthfrind@aol.com
NY.	5/28	50	New York Adventure	Dodie Sable, 610-756-3836	dodie@newpromisefarms.com
VA.	6/9	50.	Old Dominion	Skip Kemerer 301-293-2949	skippykemerer@aol.com
VA.	6/10	100.	Old Dominion	Skip Kemerer 301-293-2949	skippykemerer@aol.com
V	6/11	50.	GMHA Spring	Chelle Grald, 802-457-1509	michelle@gmhainc.org
PA.	7/2	50	Muckleratz Run	Lindsey Cooke 717-599-9922	lacy393@gmail.com
VT.	7/15	50	Moonlight in VT	Jo Steele 603-208-7005,	josteel@mac.com
VT.	7/1	75	Moonlight in VT	Jo Steele 603-208-7005,	josteel@mac.com
VT.	7/15.	100.	Moonlight in VT	Jo Steele 603-208-7005,	josteel@mac.com
ME	8/1	50.	Pine Tree	Lucha Malato 201-970-6888	lmalato@hudsonreporter.com
ME.	8/2.	50.	Pine Tree	Lucha Malato 201-970-6888	lmalato@hudsonreporter.com
ME	8/3	50	Pine Tree	Lucha Malato 201-970-6888	lmalato@hudsonreporter.com
ME.	8/4	55.	Pine Tree	Lucha Malato 201-970-6888	lmalato@hudsonreporter.com
ME.	8/5	50.	Pine Tree	Lucha Malato 201-970-6888	lmalato@hudsonreporter.com
M.E	8/26	50	Northeast Challenge	Blaine Jack 603-942-8171	B.D.Jack@hotmail.com
ME.	8/26	100.	Northeast Challenge	Blaine Jack 603-942-8171	B.D.Jack@hotmail.com
NY.	9/9	55.	Hector Half Hundred	Eva Norris 607-693-1725,	EVA8391@aol.com
NJ	10/7	75.	Mustang Memorial	Eileen Mullen 856-701-6742	eileenjmullen@gmail.com
NJ.	10/7	50	Mustang Memorial	Eileen Mullen 856-701-6742	eileenjmullen@gmail.com
VT.	10/14.	50.	GMHA Fall	Chelle Grald, 802-457-1509	michelle@gmhainc.org
VA.	10/20	50.	Fort Valley I	Claire Godwin, DVM 240-687-1450	crgdvm@aol.com
VA.	10/21	50.	Fort Valley II	Claire Godwin, DVM 240-687-1450	crgdvm@aol.com
M	10/29	50	Plymouth Rock N'End.	Lucha Malato 201-970-6888	lmalato@hudsonreporter.com

Endurance Intro Ride (1 day, less than 25 miles) – co-sanctioned by AERC

VT	6/11	15.	GMHA Spring	Chelle Grald, 802-457-1509	michelle@gmhainc.org
NY	9/9	15	Hector Half Hundred	Eva Norris 607-693-1725,	EVA8391@aol.com

Limited Distance Endurance (1 day, 25 – 35mi) – co-sanctioned by AERC

NC	5/5	25	Biltmore Challenge.	Cheryl Newman 828-665-1531 cherylnewman@charter.net
NC	5/6	30.	Biltmore Challenge.	Cheryl Newman 828-665-1531 cherylnewman@charter.net
NH.	5/14	30.	VERDA Bare Bones	Ruth Ferland 603-443-3070 ruthfrind@aol.com
NY.	5/28.	30.	New York Adventure	Dodie Sable, 610-756-3836 dodie@newpromisefarms.com
VA.	6/9	25.	Old Dominion	Skip Kemerer 301-293-2949 skippykemerer@aol.com
VT.	6/11	25.	GMHA Spring	Chelle Grald, 802-457-1509 michelle@gmhainc.org
PA.	7/2	25.	Muckleratz Run	Lindsey Cooke 717-599-9922 lacy393@gmail.com
ME	8/1	25.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME.	8/2	25	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME	8/3	30.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME	8/4	25.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME	8/5	25.	Pine Tree	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com
ME.	8/26	30.	Northeast Challenge	Blaine Jack 603-942-8171 B.D.Jack@hotmail.com
NY.	9/9	35.	Hector Half Hundred.	Eva Norris 607-693-1725, EVA8391@aol.com
NJ.	10/7	30.	Mustang Memorial.	Eileen Mullen 856-701-6742 eileenjmullen@gmail.com
VT.	10/14	30.	GMHA Fall	Chelle Grald, 802-457-1509 michelle@gmhainc.org
VA.	10/20	30.	Fort Valley I	Claire Godwin, DVM 240-687-1450 crgdvm@aol.com
VA	10/21	30.	Fort Valley II	Claire Godwin, DVM 240-687-1450 crgdvm@aol.com
MA.	10/29	30	Plymouth Rock N'Endurance	Lucha Malato 201-970-6888 lmalato@hudsonreporter.com

PASS/FAIL VS. CDR & CDD

There has been much confusion about these divisions, which are similar, but do contain some significant differences.

The **Pass/Fail (P/F) division** is a voluntary choice made by ride management. The ride management can limit the number of participants in this division. There cannot be more riders doing p/f than riding for points. This division is for mileage only and does not count toward year end awards, including versatility. The ride window is extended to the maximum time for the specific mileage being ridden. Trot outs are out and back, no circles. Final vetting is done completely, at one time, in order of finish. All types of hoof protection are allowed. Leg protection is also permissible but must be removed before presenting your horse to the judge at pre ride, post ride and the hold. All other ECTRA rules apply.

CDR's (Conditioning Distance Rides) and CDD's (Conditioning Distance Drives) count for mileage only and do not count toward year end awards, including versatility. This is also a voluntary division with the choice being made by ride management. Ride management can also limit the number of participants in the division. All regular ECTRA rules apply, including trotting circles, etc. except for the following: Hoof protection is allowed. Leg protection is also allowed but needs

to be removed for pre ride, post ride and the holds when presenting to the judges. A CDR and a CDD can also be Pass/Fail, but does not have to be; this choice is up to the ride management. A CDR or CDD is not automatically ALL Pass/Fail unless the riders/ drivers choose that option. Stated time window (e.g. 2:15 - 2:45 for 15 miles) is expanded by an additional 30 minutes to the maximum time with no penalties assessed.

RIDE RESULTS

#4205. JANUARY THAW 25 CTR

Start 3 Finish 3

1. 1835 Jenny Kimberly 8618 Derawanda Ricardo
2. 2915 KyleGibbon. Singer
2. 1704 Connie Walker. 5091 VSF Otis

#4206 JANUARY THAW 15 CDR

STArt 2 Finish 2

- | | | |
|---------|-------------------|-------|
| MO 2862 | Melissa Abbott | Divva |
| MO | Chelsea Bouchard. | Roxy |

#4207 JANUARY. THAW 25 DRIVE. 1/14/17

Start 2 Finish 2

1. 190 Robin Groves 8794. In Due Time
2. 1715 Wilson Groves 3974 UVM Worthy

#4208 JANUARY THAW 15 CDD

Start 1 Finish 1

- | | | |
|----|------------------------|----------|
| MO | Melinda Zimmer-Rankin. | Clifford |
|----|------------------------|----------|

UPCOMING EVENTS



This was the Brookfield Ride in 2016: We're going back to the beautiful Pure Country Campground for the 2017 Brookfield 30 and 50 mile rides on 6/24 and 25, plus a CTR Clinic on May 6th. Don't miss this terrific event! jolasher65@gmail.com.

FIRST AID KIT FOR YOUR TRAILER

This list of first aid supplies was published in the Dec. 2016 issue of Horse and Rider magazine. This is a good time to update and add to your own emergency kit.:

Stethoscope for listening to gut sounds as well as heart rate

Thermometer Digital is better because it won't explode in a truck in the sun with the windows closed like a glass thermometer will, but make sure the battery is still good

Digital watch or your Smart Phone

Penlight or flashlight (Your Smart Phone probably has a flashlight app)

Betadine scrub, to clean wounds

Betadine solution, to flush out wounds (dilute with water to a weak tea color - 1 part betadine to 10 parts water)

Saline solution, to flush an injured or irritated eye. May also be used to clean or flush a wound.

Dosing syringe, to administer oral medications or to flush a wound

Antibiotic wound ointment, to dress a wound or treat superficial abrasions

Bandage Materials To apply a wrap to a wound or swollen leg. Include 3-4 sheet cottons, 6 inch gauze, self-adhering plastic wrap, self-adhesive tape, and several non-stick wound dressings.

Bandage Scissors, for bandaging and other cutting needs

Disposable gloves, to make messy applications and other jobs easier and more sanitary. You probably already also carry electrolytes, NSAIDs like bute or Banamine; if you have other suggestions for additions to your emergency supplies, send them along and we'll publish them in future issues.



ECTRA NEWSLETTER
JUDY LORIMER
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PEPPERELL, MA 01463
JMLORIMER@JUNO.COM

MAY 2017

Deadline for the JUNE issue is
MAY 20th

CLASSIFIED ADS

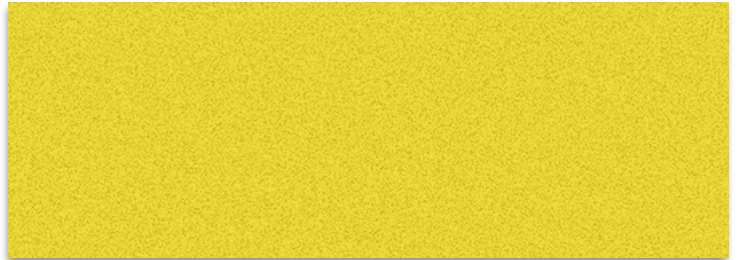
AD RATES: \$5.00 for 6 lines, 40-45 words.
Business card size \$10.00. Make check payable
to ECTRA, mail to ECTRA NEWSLETTER,
83 Groton St. Pepperell, MA 01463.

APARTMENT FOR RENT on NH farm. \$900/
mo including heat and elec. Hoping to find
someone who would care for our animals if we
occasionally needed to be away; would be paid
for work done. Must be knowledgeable and
experienced with all care for 6 horses and 3
dogs, be a non-smoker and have excellent
work and personal references. Board for horse
and opportunity to ride. Lovely trails, inside
arena Joan Stratemeyer, Langdon NH; send an
e-mail to joans@myfairpoint.net;
www.langwoodfarms.com.

ECTRA MERCHANDISE : Advanced
Monogram has a large selection of high quality
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P.6



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For reservations and details:
Joan Stratemeyer 603-835-2423
joans@myfairpoint.net